Το "Alter Ego" των μεγάλων επιχειρήσεων και οργανισμών

ALTER EGO A.E.
Μέλος του Ομίλου Εταιρειών ΕΥΡΩΠΑΪΚΗ ΠΙΣΤΗ
Φιλελλήνων 35, 15232, Χαλάνδρι
T: 210 6844885 - F: 210 6857366
info@alter-ego.gr // www.alter-ego.gr
Introductory Note

Dear Colleagues,

Athens Medical Group (AMG) was founded in 1984 by Dr. G Apostolopoulos, with a vision to become a globally leading healthcare institution and transform Greece into a world class medical destination, equal to the ones in Western Europe and the USA. Today, Athens Medical Group is one of the best European medical groups, whose hospitals operate under the strictest international quality criteria. Its specialized and experienced healthcare professionals have been trained in elite university hospitals, worldwide, while state-of-the-art technology supports the provision of multidisciplinary, patient centered services.

Innovative methods and techniques are constantly adopted, while some of them are firstly introduced on a worldwide level. AMG is offering world class facilities to doctors of the Greek diaspora, thus becoming a key contributor to the reversal of the “Brain Drain” effect.

Serving its founder’s vision, Athens Medical Group is organizing the 2nd Athens Medical Leadership and Innovation Conference (AMLI 2018), 23-25 November 2018, at the Megaron Athens International Conference Center. The AMLI 2018 conference is expected to serve as a platform where top scientists from Athens Medical Group and their global counterparts will discuss latest trends in their respective fields of expertise.

At the same time the conference will address key global trends driving patient mobility, into what is considered today a fully globalized market for Healthcare services. Finally, the important role of patient advocacy will be emphasized.

On behalf of the Organizing and Scientific Committee, we would like to welcome you to this important scientific event.

Christodoulos Stephanadis
President of the Organizing Committee, Professor of Cardiology
Athens Medical School & Yale School of Medicine
President of the Research Institute for Longevity and Prevention of Geriatric Diseases
Director of Athens Heart Center
Athens Medical Center

Drevelegas Antonios
President of the Scientific Committee
Professor of Radiology
President of the Scientific Board
European Interbalkan Medical Center
Organising Committee

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Stefanadis Ch.

Senior Vice President
Athanassiadou - Piperopoulou F.

Executive Vice President
Tsiachris D.

Members
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Pietri P.
Kordalis A.
Mpirzamani R.
Athanasiou N.

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Vice President B’ (Paediatric)
Fretzayas A.

Vice President C’ (Nursing)
Goulopoulou K.

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Michou I.
Kalimeri D.
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Chatzopoulos D.
Christodoulou N.
Dahabreh G.
Diamantopoulou D.
Doundoulakis G.
Emmanouilidis Ch.
Filippou D.
Gargalianos-Kakolyris P.
Gavalas G.
Giannikos L.
Giannopoulos P.
Kalogeris M.
Kanellos I.
Kantartzis M.
Kantzos N.
Karageorgiou K.
Karagiannis D.
Katopodis P.
Kekis V.
Kollias A.
Konstandinidis K.
Konstandinidis K.
Kordalis Ath.
Koustas G.
Koutsogiorgas S.
Kyriakou G.
Ladas S.
Lambanaris A.
Liapis H.
Linos D.
Logothetis Ch.
Maggiriadis R.
Manegold C.
Misitzis D.
Misitzis I.
Milonas I.
Naoum G.
Nikolaides P.
Nikolaou P.
Orfanidis G.
Pagkalis G.
Panagiotou M.
Pantos G.
Papalambros E.
Papantonatos D.
Papastefanou S.
Papazoglou K.
Pardalidis N.
Pavlidis G.
Pigaditou A.
Piskopakis N.
Pitarros H.
Ploumidis Ach.
Ploumidis An.
Prevezas N.
Sabljic R.
Salamalekis E.
Sfakianoudis K.
Spiliopoulos G.
Spiliotis I.
Stefanadis Ch.
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Tousoulis D.
Tsakiridis K.
Tsarouchas G.
Viskos A.
Xiarchos A.
Zografas K.
INTRODUCING THE
da Vinci® Xi
Surgical System

REVOLUTIONARY
ANATOMICAL ACCESS

CORE TECHNOLOGY

MAGNIFIED 3D HD VISION
ENDOWRIST® INSTRUMENTATION WITH INTUITIVE® MOTION
ENHANCED ERGONOMICS

SOFMEDICA
LIFE SAVING INNOVATION
Conference Program

Friday 23 of November 2018

09.00-10.00  Arrival - Registration

MC3 HALL

10.00-13.30  Advances in Gynaecology - Obstetrics
Moderators: E. Salamalekis - G. Pantos

10.00-11.00  Round Table A
Surgical Oncology

Prevention of Gynaecological Cancer - Latest advances
L. Giannikos
Laparoscopic surgery in incipient endometrial cancer: Necessity or exaggeration?
G. Pantos
Cervix cancer - Laparoscopic surgery
Th. Tsoumbis
Discussion

11.00-12.00  Satellite Symposium (page 44)

12.00-13.30  Round Table C
Latest Advances in Obstetrics - Gynaecology
Moderators: L. Giannikos - K. Sfakianoudis
Free fetal DNA / NIPT (non invasive prenatal testing) in fetal medicine - an update
E. Anastasakis
Natural childbirth after a caesarean section
Th. Liakakos
Risk management in Obstetrics - Gynaecology
D. Tsesmelakis
Contraception - New data
V. Tsironis
Challenges and prospects in the prevention of HPV-related diseases after the release and circulation of the 9-valent vaccine
P. Thomopoulos
Discussion

13.30-14.00  Coffee Break
## Conference Program

**Friday 23 of November 2018**

### MC3 HALL

**14.00-15.45**

**Innovation in Neurology**

Moderators: **I. Milonas - K. Karageorgiou**

**14.00-14.45**

**Round Table A**

**The Multiple Sclerosis Center of the European Interbalkan Medical Center**

- New Multiple Sclerosis Center at the European Interbalkan Medical Center
  - **I. Milonas**
- New advances in the treatment of multiple sclerosis
  - **G. Balamoutsos**
- What does the Multiple Sclerosis Center offer in the treatment of the disease
  - **K. Papadopoulos**

**Discussion**

**14.45-15.45**

**Round Table B**

**Modern Neurology**

- Latest achievements in Neurology
  - **K. Karageorgiou**
- Multiple Sclerosis: A comprehensive treatment response
  - **D. Papadopoulos**
- Multiple sclerosis in children
  - **E. Koutlas**
- Invasive treatments for Parkinson’s disease
  - **B. Sakkou**

**Discussion**

**15.45-16.15**

**Emergency Treatment of Brain Diseases**

Moderators: **G. Orfanidis - G. Pavlidis**

- Surgical treatment of aneurysms (ruptured and unruptured)
  - **E. Antoniou - K. Davanelos**
- Acute ischemic stroke treatment - Mechanical thrombectomy
  - **M. Karygiannis**

**Discussion**
Conference Program

Friday 23 of November 2018

10.00-11.30  Arrival - Registration

SKALKOTAS HALL

11.30-12.30  Innovation in Cardiac Surgery
Moderators: M. Kantartzis - M. Panagiotou

State-of-the-Art beating heart surgery in the coronary arteries
V. Kotsis

Ischemic cardiomyopathy and surgical ventricular restoration in the
post-stich era trial
M. Panagiotou

New advances in the aortic valve surgery
G. Gritsopoulos

Beating heart coronary endarterectomy in the anterior descending
artery, with the use of skeletonized internal thoracic artery as patch,
in situ
A. Bakas

Discussion

12.30-13.00  Coffee Break

13.00-15.00  Innovation in Vascular Surgery
Presidium: C. Liapis - K. Papazoglou

13.00-13.45  Round Table A
State Of the Art: Vascular Surgery

Innovation in vascular surgery: An overview
C. Liapis

Innovations in aneurysmal disease
H. Eckstein

Innovations in cerebrovascular and peripheral arterial disease
P. Cao

Discussion
## Conference Program

**Friday 23 of November 2018**

### SKALKOTAS HALL

**13.45-15.15**

**Round Table B**

**New Techniques in Vascular Surgery**

- Aortic endograft infection. Challenge and nightmare  
  **E. Kanellopoulos**
- Vascular trauma of the extremities  
  **A. Papapetrou**
- Treatment of thoracoabdominal aneurysms  
  **K. Karkaletsis**
- New developments in the abdominal aorta treatment  
  **K. Konstantinidis**
- Minimally invasive bloodless techniques of treatment of the varicose veins of the lower extremities  
  **K. Lambretsas**

**Discussion**

**15.15-15.30**

**Coffee Break**

**15.30-21.15**

**REVERSING BRAIN DRAIN - 20 EXPERTS FOR THE NEXT 20 YEARS**

- Greeting:  
  **V. Apostolopoulos**

**15.30-16.45**

**Round Table A**

**State of The Art - Cardiology and Vascular Surgery - Minimally Invasive Techniques**

- Modern treatment of arrhythmias with ablation. Indications and results  
  **L. Mantziari**
- The future of electrophysiology: Non invasive cardiac radiation for ablation of cardiac arrhythmias  
  **Th. Kordalis**
- Repatriation of excellence in the modern Greek reality: Goals, challenges and prospects  
  **A. Antoniadis**
- Integrated treatment of patients with heart failure and reduced ejection fraction  
  **D. Konstantinou**
- Current techniques for complex total endovascular aneurysm repair  
  **Th. Bisdas**

**Discussion**
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<td>Moderators: K. Konstantinidis - E. Papalambros</td>
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<td>Minimally-invasive colorectal surgery at the Interbalkan Medical Centre; A Centre of Excellence and Training M.G. Pramateftakis</td>
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<td>Treatment of the borderline resectable pancreatic cancer D. Giakoustidis</td>
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<td>Novel materials and techniques in the treatment of anal and perianal disease M. Grigoriou</td>
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<td>Surgical management and treatment of secondary lymhedema with lymph node transplantation D. Dionysiou</td>
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<td>CT colonography - Indications and contraindications K. Drevelegas</td>
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<td>New Trends in melanoma metastatic liver cancer from the colon K. Botsolis</td>
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<td>Non alcoholic fatty liver disease - The epidemic of the 21st century E. Sinakos</td>
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<td>Minimally invasive thoracic surgery, maximum benefits L. Toufektziyan</td>
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<td>Single-Incision thoracoscopic surgery L. Papastavrou</td>
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<td>Uniportal VATS - Our experience M. Klimatsidas</td>
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<td>State of the art coronary artery surgery A. Roubelakis</td>
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Conference Program
Friday 23 of November 2018

SKALKOTAS HALL

19.15-20.15

Round Table E
Arthroscopy - Latest Advances
Moderators: P. Nikolaou - D. Misitzis

Current concepts in shoulder arthroscopy
H. Sinopidis

“A la carte” plastic surgery in the anterior cruciate ligament. Present and future
H. Voulgaropoulos - K. Dimitrakas

Indications and surgical limitations of hip arthroscopy
A. Papavassiliou

Musculoskeletal ultrasound. Is it more than just a solution for claustrophobic patients?
D. Papoutsi

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<td>«CIRS» (Critical Incident Reporting System)</td>
<td>E. Vatali</td>
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<td>International patients: Challenges and everyday life</td>
<td>Th. Sachinidis</td>
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<td>Patient blood management (PBM), the emerging role of Internal Medicine</td>
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<td>Functional medicine and cancer</td>
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<td>Innovation in the Treatment of Type I Diabetes</td>
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<td>Continuous glucose monitoring system</td>
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<td>Diabetic foot - Modern treatment</td>
<td>G. Koustas</td>
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<td>Newest therapeutic interventions in the treatment of diabetes type 1 and 2</td>
<td>N. Kantzos</td>
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## Conference Program

### Friday 23 of November 2018

- **MC2 HALL**

#### 13:30-14:15

**Round Table C**  
**Innovation in the Treatment of Type II Diabetes**

**Moderators:** S. Adamidis - N. Kantzos

- The role of mobile based artificial intelligence in diabetes self-management and tele-management  
  **I. Doupis**

- Clinical research in diabetes mellitus: Innovation field  
  **G. Karousos**

- Diabetic foot, on the occasion of 5 cases of diabetic foot  
  **A. Gougoulakis**

  **Discussion**

#### 14.15-15.00

**Round Table D**  
**Treatment of Obesity - Latest Advances**

**Moderators:** S. Adamidis - G. Spiliopoulos

- Weight loss medication: Updates  
  **S. Adamidis**

- Non-surgical treatment of obesity  
  **P. Katopodis**

- Go beyond the therapeutic status quo of obesity and type II diabetes  
  **G. Spiliopoulos**

  **Discussion**

#### 15.00-15.15

**Coffee Break**
MC2 HALL

15.15-17.00 Round Table E  
Hospital-Acquired Infections: Treatment and Management Practices

Moderators: A. Stoupi - P. Gargalianos-Kakolyris - P. Nikolaidis

Introduction
P. Gargalianos-Kakolyris

Consumption of antibiotics under restriction
A. Papanikolopoulou

Microbial resistance towards antibiotics
A. Pangali

Control of the dispersion of multidrug-resistant bacteria
D. Kalimeri

New and future antibiotics for hospital-acquired infections
A. Stoupi

Conclusions
P. Nikolaidis

Discussion

17.00-17.15 Coffee Break

17.15-19.15 Innovation in Cardiology

Moderators: Ch. Stephanadis - D. Tousoulis - P. Altsitzoglou

17.15-18.00 Round Table A  
Latest Advances in Cardiovascular Imaging

Vascular age: We are as old as our arteries
P. Pietri

Multimodality imaging for structural and valve interventions: State of the art
S. Lerakis

Stress echo in coronary artery disease and perioperative risk assessment
S. Karagiannis

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D. Tsiachris  
Percutaneous coronary revascularization in the elderly  
Ch. Arambatzis  
Latest developments in transcatheter aortic valve replacement  
G. Papaioannou  
Durability of transcatheter valves. Our experience  
E. Ioannidis  
Percutaneous coronary angioplasty in patients with heart failure  
Th. Papadopoulos  
Angioplasty in chronic total occlusions. Benefits in patient survival and the quality of life  
A. Nikitopoulos  
Discussion          |
Conference Program
Saturday 24 of November 2018

08.30-09.00  Arrival - Registration

09.00-11.30  Innovation in Orthopaedics

09.00-10.00  Round Table A
Latest Advances in the Surgical Treatment of the Knee Joint Diseases

Moderators: V. Bitounis - N. Christodoulou

- Computed assisted surgery (navigation) for total knee replacement
  D. Triantafyllopoulos
- Electronic technology in knee replacement surgery
  G. Goudelis
- The “Stiff Knee” and total knee arthroplasty
  V. Chalidis
- Unicompartmental knee replacement surgery
  K. Kotsiopoulos

Discussion

10.00-11.00  Round Table B
Latest Advances in the Surgical Treatment of the Hip Joint Diseases

Moderators: N. Prevezas - G. Tsarouchas - A. Apostolopoulos

- Treatment of subcapital femoral fractures with ASI method
  I. Tsarouchas
- Modified ALMIS technique and short antirotation stems in hip arthroplasties
  N. Christodoulou
- Our experience regarding THR with fast track and enhanced recovery protocol with posterior MIS approach
  E. Gakis
- Early hip osteoarthritis in young patients and innovative treatments
  D. Kastrenopoulos
- The ace and basin fractures from antiquity to the present
  N. Prevezas

Discussion
Conference Program
Saturday 24 of November 2018

MC2 HALL

11.00-12.00 Round Table C
Latest Advances in the Surgery for Sports Injuries
Moderators: P. Nikolaou - N. Piskopakis
Surgical reconstruction of the posterior cruciate ligament of the knee
P. Nikolaou
Tendon transfer for irreparable rotator cuff tears. Indications and limits
I. Gavriilidis
Advances in the anterior cruciate ligament surgery
G. Karachalios
Root meniscal lesions. From diagnosis to treatment
D. Anastasakis
Discussion

12.00-12.30 Coffee Break

12.30-13.30 Round Table D
Latest Advances in the Surgery of the Upper Extremities
Moderators: A. Beris - D. Misitzis
From patient specific planning over 3D printed guides to patient specific implant solutions
F. Stockmans
Peripheral neuropathies in the upper extremities
P. Giannakopoulos
Elbow arthroscopy - Management of plica syndrome
Ch. Chrysanthou
Endoscopic release of the carpal tunnel release
I. Ignatiadis
Discussion
MC2 HALL

13.30-15.15 Innovation in the Treatment of Spine Disorders
Moderators: R. Sabljic - S. Papastefanou - Ch. Ambertos

13.30-14.45 Satellite Symposium (page 44)

14.45-15.15 Round Table B
Modern Surgical Oncology of the Spine
The current surgical treatment of spinal cord tumors
Ch. Ambertos
Indications and results of the surgical intervention in the metastatic
disease of the spine
S. Papastefanou
Discussion
# Conference Program

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## Round Table A
### Prostate Cancer - Innovation in Imaging Tools

**Moderators:** M. Kalogeris - Ach. Ploumidis

- The role of multiparametric prostate MRI in diagnosis of prostate cancer  
  - **D. Chourmouzis**
- Biopsy of the prostate with the elastic fusion technique. The 2 years of experience at the Paleo Faliro Clinic  
  - **M. Kalogeris**
- Fusion biopsy of the prostate. From the targeted biopsy to the localized treatment  
  - **A. Andreou**

**Discussion**

## Round Table C
### Global Best Practices in Prostate Treatment

**Moderators:** An. Ploumidis - Ch. Logothetis

- Prostate cancer moon shot - Shifting from a treatment paradigm to a curative paradigm  
  - **Ch. Logothetis**
- Robotic radical prostatectomy: One step ahead  
  - **G. Kyriakou**
- Complications and oncological/functional outcomes of salvage radical prostatectomy  
  - **T. Piechaud**

**Discussion**
SKALKOTAS HALL

Moderators: N. Pardalidis - D. Diamantopoulou

11.15-12.00  Round Table D
Benign Kidney Diseases - New Treatment Protocols

- New paths for the treatment of anaemia in chronic kidney disease
  D. Diamantopoulou

- Endourological management of lower pole calyceal stones: Percutaneous nephrolithotripsy or retrograde manipulation?
  N. Pardalidis

- Update in continuous renal replacement therapies
  D. Bafas

Discussion

12.00-12.30  Round Table E
Malignant Kidney Diseases - New Treatment Protocols

- Robotic partial nephrectomy. Has the time come to be speaking about the golden standard?
  A. Lambanaris

- Partial nephrectomy on cancer - Technique and results
  A. Kollias

Discussion

12.30-13.00  Round Table F
Urology - Latest Advances

Moderators: A. Kollias - K. Konstandinidis

- One Day Clinic for Advanced Urological Procedures – Establishing a New Reality in Athens Medical Center
  Ach. Ploumidis

- Latest methods of surgical imaging in situ bladder cancer
  P. Gritsios

- Endoscopic self expanding ureteral stent
  D. Papadopoulos

- From homo sapiens to homo deus
  K. Konstandinidis

Discussion

13.30-14.15  Next-Generation MRI: New 3 Tesla @ Athens Medical Center

M. Bodozoglou - G. Zannoli

14.15-14.30  Coffee Break
## Conference Program

**Saturday 24 of November 2018**

### SKALKOTAS HALL

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<td>Digital innovation and healthcare transformation</td>
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<td><strong>b. Longevity: From Curative, to Preventive and then Promotive</strong></td>
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<td>Y. Tountas</td>
<td>Stress management as a major factor of longevity</td>
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<td>J. Spiliotis</td>
<td>Ikaria, the island where people forget to die</td>
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<td><strong>c. Personalized Medicine: Taking Guidelines One Step Ahead</strong></td>
<td>Transforming healthcare by Biomedical Big Data and AI</td>
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<td>M. Wang</td>
<td>Small things make the big picture</td>
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<td>D. Fotiadis</td>
<td>New concepts for clinical trial designs in personalized oncology</td>
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<td>L. Pilz</td>
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### SKALKOTAS HALL

#### 17.15-18.15

d. Patient Advocacy: Having the Patient at the Center of Attention

- The evidence-base for patient and family engagement in healthcare  
  **S. Frampton**
- Living with multiple sclerosis - Patient activism  
  **V. Maraka**
- Putting an end in hospital infections - Walk the talk  
  **A. Plevris**
- Living example of a solidarity model  
  **M. Giantsoudi**

Discussion

#### 18.15-19.30

e. The Future of Hospital Management

- The implementation of the EU directive on cross-border healthcare and the position of European private hospitals  
  **I. Giannico**
- Engagement through evidence - Collaborative working & patient pathway analytics to develop and sustain new models of care  
  **B. McConnochie**
- Aging population and its impact on medical tourism  
  **J. Verma**
- The future of healthcare  
  **V. Apostolopoulos**

Discussion

#### 19.30-19.45

Coffee Break

#### 19.45-21.15

OPENING CEREMONY

Greetings

An overview of Athens Medical Group’s 35 year history and social contribution  
**George Apostolopoulos**

Speech by **Christos Apostolopoulos**

Speech by **Vassili Apostolopoulos**
## Conference Program

### Sunday 25 of November 2018

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<td><strong>Innovation in Otorhinolaryngology and Maxillofacial Surgery</strong></td>
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<td>Restoration of large maxillofacial defects after the surgical excision</td>
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<td><strong>E. Karambouta</strong></td>
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<td>Aesthetic and reconstructive surgery of the face and jaws</td>
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<td><strong>T. Terzis</strong></td>
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<td>Audiological and neurotological findings in migraine-causing</td>
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<td>Problems and solutions in rhinoplasty</td>
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## MC2 HALL

### 10.30-11.15  Modern Pulmonology

**Moderators:** D. Papantonatos - A. Viskos

- Imaging approach in the early diagnosis of lung cancer  
  **A. Viskos**

- New developments regarding COPD bronchoscopic lung volume reduction on emphysema patients  
  **A. Palamidas - F. Herth**

- Bronchoscopic lung volume reduction using endobronchial valves in patients with severe emphysema  
  **J. Hartman**

**Discussion**

### 11.15-11.30  Coffee Break

### 11.30-13.00  Multidisciplinary Approach to Lung Cancer

**Moderators:** G. Dahabreh - C. Manegold

- Endobronchial ultrasound (EBUS - TBNA) in the diagnosis and staging of lung cancer  
  **I. Titopoulos**

- Diagnosis and management of malignant pleural effusions  
  **D. Economou**

- Catamenial pneumothorax. VATS repair  
  **K. Tsakiridis**

- Robotic thoracic surgery: Restart  
  **D. Filippou**

- The Potential of combined immunotherapy and antiangiogenesis for the synergistic treatment of advanced NSCLC  
  **C. Manegold**

- Targeting specific mutations in the treatment of lung cancer  
  **Ch. Emmanouilidis**

**Discussion**
## Conference Program

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<td><strong>Round Table A</strong>&lt;br&gt;State of the Art - Thyroid, Parathyroid, Endocrine&lt;br&gt;Moderators: <strong>V. Kekis</strong> - <strong>D. Linos</strong>&lt;br&gt;Retroperitoneal endoscopic adrenalectomy&lt;br&gt;<strong>D. Linos</strong>&lt;br&gt;Adrenal cancer - Surgical treatment - Latest data&lt;br&gt;<strong>P. Kekis</strong>&lt;br&gt;Minimally invasive endocrine gland surgery: High specialization with high technology for optimal result&lt;br&gt;<strong>Th. Papavramidis</strong>&lt;br&gt;Discussion</td>
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MC2 HALL

14.45-16.15  
Round Table B  
Breast Cancer - Latest Data - Multidisciplinary Approach  
Moderators: I. Misitzis - S. Koutsogiorgas  
Mass screening program for the early detection of breast cancer – Hellenic experience  
E. Ampatzoglou  
Hereditary breast cancer- Detection and management of mutation carriers  
K. Anastasakou  
Latest advances in pharmacological treatment of breast cancer  
I. Letsa  
What’s new in autologous breast reconstruction following mastectomy  
E. Demiri  
Breast augmentation for the modern women  
P. Papaioannou  
Discussion

16.15-16.30  
Coffee Break

16.30-17.00  
Modern Hematology  
Moderators: G. Pagkalis - A. Pigaditou  
Development of the treatment of malignant hematologic conditions  
G. Pagkalis  
Therapeutic strategy in mantle cell lymphoma  
S. Sachanas  
Discussion
Conference Program
Sunday 25 of November 2018

SKALKOTAS HALL

08.30-09.00 Arrival - Registration

09.00-10.15 Innovation in the Treatment of the Oncological and Functional Diseases of the Esophagus

Moderators: P. Giannopoulos - S. Ladas

Hybrid Laparoscopic - Endoscopic surgery to exclude tumors of the upper digestive tract
D. Ntourakis

Surgical oncology on the esophagus
P. Giannopoulos

Latest advancements in oncological surgery of the upper digestive tract
M. Zacharakis

Robotic repair of diaphragmatic hernia, gastroesophageal reflux disease and esophageal achalasia. Our experience in 500 cases.
K. Konstantinidis

Discussion

10.15-12.30 Colorectal cancer - Latest Data

Moderators: G. Basdanis - K. Zografos - Ch. Emmanouilidis

10.15-11.45 Round Table A

Latest Advances in Treating Colorectal Conditions

Risk of colon cancer in idiopathic inflammatory bowel disease
N. Koumentakis

Digital surgery for gastrointestinal malignancies
K. Stratoulias

Personalized treatment for patients with colorectal cancer
D. Karachalios

Immunotherapy and Cancer - The future is in progress
M. Karamouzis

Endoscopic surgery in anorectal diseases and the coccyx
O. Michail

Discussion
### SKALKOTAS HALL

#### 11:45-12:30

**Round Table B**  
**State of the Art Treatment of Colorectal Cancer - Multidisciplinary Approach**

Robotic surgery of digestive cancer. Knowledge, experience and technology lead to the optimal result  
**K. Konstantinidis**

Modern radiation therapy in the treatment of rectal and anal cancer - The role of the multidisciplinary team in Athens Medical Group  
**L. Vini**

Latest advancements in chemotherapy for colorectal cancer  
**D. Tzanninis**

Discussion

#### 12:30-12:45

**Coffee Break**

#### 12:45-13:45

**Round Table C**  
**Latest Techniques in Digestive Oncology**

Moderators: **D. Chatzopoulos - J. Spiliotis**

HIPEC - Latest advancements  
**J. Spiliotis**

Personalized multifactorial strategy for rectal cancer  
**I. Kanellos**

Anal cancer - Treatment  
**A. Pappas**

Treatment of chronic pain and palliative care  
**A. Vadalouka**

Discussion
### Conference Program

#### Sunday 25 of November 2018

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<td><strong>G. Chatzimavroudis</strong></td>
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<td><strong>Th. Alexiou</strong></td>
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<td>Irreversible electroporation for liver, bile duct, pancreatic cancer</td>
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              Latest Techniques in the Treatment of Liver Cancer  
Modern multifactorial approach on liver metastases from colorectal cancer - Surgical approach  
**A. Ntinas**  
Surgical management of benign and malignant liver tumors  
**E. Perrakis**  
Interventional oncology in the management of cholangiocarcinoma  
**I. Dedes**  
Discussion |
| 17.30-17.45  | **Coffee Break** |
| 17.45-19.00  | **Latest Advancements in the Treatment of Pancreatic Cancer**  
Moderators: **A. Drevelegkas - E. Akriviadis - K. Konstantinidis**  
Dilemmas and challenges in the surgical treatment of malignant pancreatic neoplasms  
**E. Chatzitheoklitos**  
Pancreatic cancer - The gastroenterologist’s perspective  
**F. Laoudi**  
The contribution of axial and magnetic tomography to pancreatic cancer  
**E. Papadopoulou**  
ERCP: Rare cases  
**S. Pantelaros**  
Cancer and prevention in 2018  
**A. Polyzos**  
Discussion |
| 19.00-19.30  | **Closing Remarks** |
### Nursing Section Program

**Friday 23 of November 2018**

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<td>The process of venipuncture in the presence of parents</td>
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<td>S. Karakousi</td>
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<td>Preparing the child and its parents for the administration of anesthesia</td>
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<td>N. Kouroupaki</td>
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<td>The “up to date” nurse and the parent that “googles”</td>
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<td>A. Karagiannis</td>
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Nursing Section Program

Friday 23 of November 2018

MC3 HALL

19.00-20.30  
3rd SESSION
Proposals

Moderator: A. Chatzis
Educating the nurse of the future
Y. Kalofissoudis

Moderators: A. Fretzayas - E. Papadopoulou
A comment on the ideals and reality that the new nurse is experiencing
K. Goulopoulos

Moderators: Th. Karpathios - K. Goulopoulos
The role of the nurse through the eyes of the clinical paediatrician
A. Stasinopoulos

Discussion
Nursing Section Program

Saturday 24 of November 2018

08.30-08.50 Registration

MC3 HALL

08.50-09.00 Greetings

09.00-10.40 4th Session

**Nursing Issues (II)**

**Round Table**

**Infections at the Children’s Hospital**

Moderators: **A. Pagkali - D. Kalimeri**

Measures to prevent transmission of infections in the Emergency Room / triage

**S. Gkarthia**

Management of unvaccinated children in the Hospital

**G. Naoumis**

Nursing measures to prevent spread of *S. Aureus* and *C. Difficile* in the clinic

**Ch. Vasilopoulou**

Urgent transport of patient treated in isolation to the operating room

**Th. Tsangos**

Serological screening and vaccination program of paediatrics facilities’ human resources

**A. Terzidis**

10.40-10.50 Discussion

10.50-11.20 5th SESSION

**Proposal**

Moderators: **A. Kavasilas - V. Lepeniotis**

Nurse and information technology

**A. Chaniás**

11.20-11.30 Discussion

END OF NURSING DAY
Paediatrics Section Program

Saturday 24 of November 2018

11.00-11.30 Registration

MC3 HALL

SURGICAL PROBLEMS IN PAEDIATRICS PRACTICE

11.30-13.20 1st SESSION

Practical Paediatric Surgical Issues

Moderators: F. Athanassiadou-Piperopoulou - G. Mousatos

Clinical evaluation of the genital system by the paediatrician in school age and adolescence
M. Maragkakis

Paediatric Oncology and paediatric surgeon’s contribution
N. Baltogiannis

Conservative or surgical treatment of acute appendicitis in children: Concerns
P. Aftzoglou

Reconstructive surgery of funnel chest
A. Mastorakis

Ultrasound check in surgical emergencies
E. Manoli

Discussion

13.20-14.30 2nd SESSION

Practical Paediatric Orthopedics Issues

Moderators: M. Ierodiakonou - D. Pasparakis

Antalgic gait in children
D. Pasparakis

Painless limp in children
N. Laliotis

Congenital differences of the upper limbs
E. Papadogeorgou

Discussion

14.30-15.30 Coffee Break
Paediatrics Section Program

Saturday 24 of November 2018

MC3 HALL

15.30-17.00

3rd SESSION
Practical Paediatric Otolaryngological and Paediatric Ophthalmological Issues

Moderators: E. Kaltsos - D. Ntinopoulou

Acute mastoiditis and its complications
I. Christopoulos

Paranasal sinuses inflammation diagnosis and complications that should be prevented
E. Koudoumnakis

Modern views on cochlear implants
I. Athanasopoulos

Ophthalmology for the Paediatrician
S. Gkatzonis

Discussion

END OF SURGICAL DAY
Paediatrics Section Program

Saturday 24 of November 2018

16.00-17.00 Registration

MC3 HALL

CLINICAL PROBLEMS IN PAEDIATRIC PRACTICE

16.50-17.00 Greetings

17.00-18.15 1st SESSION
Special Issues of Clinical Interest
Moderator: Ch. Bartsokas - M. Tsolia
Skin rashes caused by antibiotics: Errors and exaggerations
M. Makris
Poor weight gain in infants
M. Markouri
Persistent acute anxiety and crying in neonates and infants
A. Fretzayas
Discussion

18.15-19.00 2nd SESSION
Invited Speaker: S. Antonarakis
“The renaissance of Genomic Medicine”
Moderators: A. Fretzayas - P. Nikolaidou-Karpathiou

19.00-19.45 Coffee Break

19.45-21.15 OPENING CEREMONY
Greetings
An overview of Athens Medical Group’s 35 year history and social contribution
George Apostolopoulos
Speech by Christos Apostolopoulos
Speech by Vasilis Apostolopoulos
## Paediatrics Section Program

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<td>Introduction to functional gastrointestinal disorders in children: Classification, frequency and risk factors <strong>G. Chouliaras</strong></td>
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<td>Functional disorders that manifest with nausea and vomiting <strong>E. Karanika</strong></td>
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<td>Functional disorders that manifest with abdominal pain as the main symptom <strong>S. Fessatou</strong></td>
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<td>Functional disorders in infants: colics, postprandial vomiting, dyschesia <strong>M. Rogalidou</strong></td>
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<td>Paediatric Cardiology and prevention: From</td>
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<td><strong>E. Bei</strong></td>
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<td><strong>6th SESSION</strong></td>
<td>Specialized Paediatric Issues of Practical Interest (I)</td>
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<td>When body defense mechanisms are deemed</td>
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<td>Protocol of imaging control in infants with</td>
<td><strong>F. Komianou</strong></td>
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<td>Latent hyperenzymemias and their clinical</td>
<td><strong>I. Kanavaki</strong></td>
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<td>Presymptomatic screening for diabetes</td>
<td><strong>D. Papadimitriou</strong></td>
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<td>Colonization of <em>S. Aureus</em> and relapsing</td>
<td><strong>A. Alexopoulos</strong></td>
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### 17.30-19.40 7th SESSION

#### Specialized Paediatric Issues of Practical Interest (II)

- **Moderators:** F. Sarifi - A. Fretzayas
- **Acute and chronic lymphadenopathy**
  - F. Tzifi
- **Vulvovaginitis in childhood and adolescence**
  - A. Delivelioti
- **Daily needs, exaggerations and danger from the administration of vitamins and trace elements**
  - G. Papageorgiou
- **Nutritional principles for the treatment of obesity**
  - I. Chryssou
- **Learning disabilities in childhood, warning signs**
  - A. Sofianou
- **When is the referral to a speech therapist is deemed necessary?**
  - E. Koudoumnaki

### 19.30-19.40 Discussion - End of the Conference
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Satellite Symposium
Friday 23 of November 2018

MC3 HALL

10.00-13.30 Advances in Gynaecology - Obstetrics
Moderators: E. Salamalekis - G. Pantos

11.00-12.00 Satellite Symposium
IVF

In vitro fertilization with pre-implantation genetic testing
F. Goutzioulis

In vitro fertilization - egg freezing. A window of optimism for women
Ch. Papanikopoulos

Regenerative medicine for the treatment of premature ovarian aging
K. Sfakianoudis

Discussion

Saturday 24 of November 2018

MC2 HALL

09.00-13.30 Innovation in the Treatment of Spine Disorders

13.30-14.45 Satellite Symposium
Innovation in the Diagnosis and Treatment of Spine Disorders

Endoscopic lumbar surgery - When to use the transforaminal or the interlaminar approach
R. Sabljic

The place of endoscopy in the treatment of intervertebral disc herniation in the lumbar spine under local anaesthesia and controlled sedation - The experience of 400 cases
S. Kapetanakis

Evolution of the management of idiopathic scoliosis
E. Samoladas

Innovative techniques for chronic low back pain
G. Triantafyllopoulos

Discussion
Saturday 24 of November 2018

SKALKOTAS HALL

09.00-13.30  Innovation in Urology and Nephrology

09.45-10.30  Satellite Symposium
New Techniques in the Treatment of Prostate Cancer

Moderators: G. Kyriakou - A. Lambanaris

Maintenance of the erectile function in the era of robotic radical prostatectomy. New techniques and data
S. Tyritzis

Retzius-Sparing robotic radical prostatectomy: Our experience
Ch. Komninos

Complications after a radical prostatectomy
E. Zacharakis

Discussion
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<td>Head of Digital healthcare Nortal</td>
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<td>Information Systems, Editor in Chief IEEE</td>
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<td><strong>Frampton Susan PhD</strong></td>
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<td><strong>Gatzonis Stamatis MD, FEBO</strong></td>
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General Information

**Dates**
23-25 of November 2018

**Place the Conference is Held**
Megaron Athens International Conference Center - Rooms: “Skalkotas & MC2 & MC3”

**Language of the Conference**
The official languages of the Conference will be English and Greek. There will be a translation system for the entire duration of the Conference.

**Webpage of the Conference**
Information about the conference is continuously posted on the webpage www.aml2018.com

**Registration to the Conference**
The participation to the Conference is **free** and includes:
• Free attendance - registration
• Bag with the Conference material
• Visit to the exhibition space
• Free coffee during coffee breaks
• Participation in Social Events
• Certificate of Participation with the respective medical credits (doctors only)

The interested persons are invited to fill in and send the Participation Form to the secretariat. The Participation Form is available at the site of the Conference. Moreover, registrations will be performed throughout the Conference.

**Continuing Medical Education Credits**
The Conference will award **24** Continuing Medical Education Credits (CME-CPD) that have been granted by the Panhellenic Medical Association, according to the criteria of EACCME-UEMS. The number of credits that will be awarded to each participant will be proportionate to the exact number of hours of attendance of the Conference works. It is also necessary to complete and submit to the secretariat the evaluation questionnaire that can be found in the bag of the Conference. The relevant certificates will be given to the interested persons after the end of the Conference. According to the criteria of EACCME-UEMS the Continuing Medical Education Credits are exclusively awarded to medical doctors.
General Information

**Exhibition**
In the premises of the Conference will operate an exposition of pharmaceutical and non-pharmaceutical products, which will be open to all of the participants.

**Additional Notes**
It is remarked that, according to the circular of the Greek National Organization of Pharmaceuticals, in order to receive the certificate of attendance it is required to attend to at least 60% of the overall hours of the program. The recording of the attending time will be performed with a barcode scanner system. In order to receive the certificate it is also required to fill in and submit to the secretariat the evaluation questionnaire that can be found in the Conference bag.

**Accommodation**
In the context of the *Athens Medical Leadership & Innovation Conference*, please contact the secretariat of the Conference “The Mastermind Group” and Ms. Eirini Lazarou ilazarou@tmg.gr in order to ensure your accommodation and every tourist service you need.

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Μαζί, με στόχο την υγεία.

Η Alpha Bank ξεκίνησε το 2014 το Πρόγραμμα "Μαζί, με στόχο την υγεία", το οποίο πραγματοποιείται σε συνεργασία με την Αστική Μη Κερδοσκοπική Εταιρία "ΑΓΟΝΗ ΓΡΑΜΜΗ ΓΟΝΙΜΗ". Σκοπός του Προγράμματος είναι να συμβάλει στην αναβάθμιση των υπηρεσιών υγείας στα ελληνικά νησιά, καλύπτοντας ιατροφαρμακευτικές ανάγκες στα περιφερειακά ιατρεία και ενισχύοντας το αίσθημα ασφάλειας στους κατοίκους των νησιών.

Το Πρόγραμμα έχει ήδη πραγματοποιηθεί στα ακόλουθα νησιά:
2014: Κάσος, Λειψοί, Νίουρος, Τήλος.
2015: Αστυπάλαια, Κάλυμνος, Κάρπαθος, Κως, Λέρος, Πάτμος, Σύμη, Χόλκα.
2016: Άνδρος, Θάσος, Ικαρία, Κύθνος, Σάμος, Τήνος, Φαλέγανδρος, Φούρνοι.
2017: Αμοργός, Ανάφη, Ίος, Κέα, Λέσβος, Μήλος, Νάξος, Σέρυος, Σίφνος, Σκιάθος, Σύρος, Σκοπιάς.
"Πιστεύουμε ότι η πρώτη μας ευθύνη είναι προς τους γιατρούς, το νοσηλευτικό προσωπικό και τους ασθενείς, τις μητέρες, τους πατέρες και όσους άλλους χρησιμοποιούν τα προϊόντα και τις υπηρεσίες μας. Για να ανταποκρίνομαστε στις ανάγκες τους, οτιδήποτε κάνουμε πρέπει να είναι υψηλής ποιότητας."

(Απόσπασμα από το «Πιστεύω μας» του Robert Wood Johnson, 1943).